



Code of Conduct for Trainees

As a trainee and participant in competitive snowsport I agree to follow the Trainee's Code of Conduct as given below:

- I will show support and respect my coach at all times
- I will support and respect officials and volunteers involved in snowsport and understand participation in snowsport is only possible due to the time volunteers give freely to help myself and other children
- I will support and respect my club members and other snowsport athletes
- I will not be involved in any bullying or practice that can be deemed as bullying
- I will demonstrate sporting behaviour at all times including competitions and decisions made
- I will demonstrate sporting behaviour in all my activities and promote good sportsmanship, being modest in victory and gracious in defeat
- I will act in a manner at all times that does not bring myself or my sport into disrepute during training and competition
- I will attend and present for prize giving ceremonies should I be a prize winner unless circumstances do not allow me
- I will not enter into relationships with other trainees on the Team while on training and race camps
- I will not use prohibited or recreational drugs, as defined by WADA
- I will use the internet appropriately and not use the internet, phone or other electronic device to make derogatory remarks about other competitors, teams, officials, clubs or anything related to snowsport that could bring the sport into disrepute
- I know I am entitled to question decisions made in coaching, but I must do this appropriately and respectfully
- I will find out who my Club Welfare Officer is and know I can talk to them if I am worried about anything
- I recognise the harmful effects of smoking cigarettes, taking drugs and the consumption of alcohol are well recognised and can debilitate the performance of athletes. The DHO actively discourages the consumption of these substances.
- I understand that disciplinary action may be imposed for breach of rules or for reasons of behaviour. Any action will depend on the type and seriousness of any breach of rules or behaviour, but will be accompanied by a verbal warning and/or a written warning as necessary. I understand trainees shall have the right to appeal all such measures, to the organisers/club in the first instance, then the Board. within 3 months of disputed disciplinary measure.

Trainees signature: Date:

Parent/Guardian's signature (if under 18):

Date:

May 2024

SnowSafe 2021 – Toolkit for Clubs